

2016 Open Gym May 24-July 26

Ages: Rising 7th thru 12th graders

Location: Newton Recreation Center

Time: 6:30-8:30 every Tuesday

Fee: \$100(includes a TLVC tshirt) Must be paid in full by May 17th

Requirements: 1 year of club, 1 year or middle school,

or 1 year of High School

Every open gym will consist of specific skill training, drills, and competitive play. Each athlete will have the opportunity to get to know our coaches while training all skills. There will be a limited number of spaces available so register TODAY!!

Coaches: Jenny Ellis, Ken Kelly, Pat Morgante, Cory Creath, Megan Fair, Shannon Hudson, Ken Fair, Lorin Southers, John Troesch, Bailey Cloninger, and Ashley Markland.

> Please mail registration and payment to TLVC 2425 N Center St #108 Hickory, NC 28601